



# Dr. Konstantinos Balomenos

Political and International Relations scientist

## Personal Details



### Name

Konstantinos  
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### Place of Birth

Athens



### Date of Birth

22/11/1968



### Sex

Male



### Nationality

Greek



### Marital Status

Unmarried



### Languages

English / Level C2



### Hobbies

Sports, Reading, Travel,  
Culture, Volunteering

## Profile

I have professional experience in the field of Public Relations and Communication in general, as I have worked for over 15 years as a Communication Consultant in the private sector, as well as in public administration departments, specializing in Strategic Communication and Crisis Management.

Since 2007 I have been teaching in military schools (National Defence School, Air Force Warfare School, Evelpidon School, National Security School, etc.) and in Postgraduate Programs "Crisis Management in the Health Sector" of the Department of Nursing of the National Kapodistrian University of Athens. In addition, I teach in the Interdisciplinary, Interdepartmental Program Postgraduate Studies of Democritus University with the title: "Analysis and Management of Human and Natural Disasters", in Public Relations, Strategy and Communication, Crisis Management and Media and Public Opinion Management in Crisis and Emergency Situations.

From December 17, 2019 until December 17, 2023 I had assumed the responsibilities of the General Director of General Directorate of National Defence Policy and International Relations of the Hellenic Ministry of Defence.

I am particularly interested in the field of Strategic Communication, specializing in Crisis Management, due to my scientific training and professional experience, but also because I believe that it is a dynamic field with prospects for development in both the Private and Public sector.

I hold a degree on Administration and Economy from the Technological Educational Institute of Chalkis, as well as a degree from the Faculty of International and European Studies of Panteion University.

Furthermore, I hold a Master of Science (MSc) on Marketing & Communication with New Technologies from Athens University of Economics and Business.

Additionally, I hold a PhD from the Faculty of International and European Studies of the University of Piraeus. My thesis is entitled "The Strategic communication as a strategic tool and soft power factor in resolving international and business crises", and was awarded an "Excellent" mark.

I am the author of many scientific articles, as well as the author of the monograph: "Turkey's Strategic Communication campaign in operation "Peace Spring", and of the books:

1. "International Terrorism and Strategic Communication-Terrorist Crisis Management",
2. "Greek-Turkish relations" and "Public opinion research on Management of the Greek-Turkish Crisis".
3. "Handbook for Management of Threats. Security and Defense, resilience and optimal strategies".

I regularly write articles on International Relations, National Defense and Security, Crisis Management, and National Resilience, and my work is published in a wide range of reputable nationwide media outlets.

On June 1, 2023, I was decorated by the Federal President of the Republic of Austria, Alexander Van der Bellen, with the Medal of "Great Golden Honour" for my contribution to the strengthening of defence-military relations between Greece and Austria.

I am distinguished for my strategic thinking, my organizational and communication skills, my professionalism and my commitment to achieving high goals.

## Professional Experience

<b>General Director of National Defense and International Relations</b> <i>Hellenic Ministry of Defense, Athens</i>	<b>Policy</b> Dec. 2019 – Dec. 2023
<b>Special Advisor</b> <i>Minister for National Defense Mr. Nikos Panagiotopoulos, Athens</i>	July 2019 – Nov. 2019
<b>Specialist Scientist</b> <i>Democritus University, THRACE</i> I teach in the Interdisciplinary, Interdepartmental Postgraduate Programme entitled: "Analysis and Management of Anthropogenic and Natural Disasters" of the Departments of Forestry and Natural Environment of the Faculty of Geotechnical Sciences, Physics of the Faculty of Science, Chemistry of the Faculty of Science and Management Science and Technology of the Faculty of Economics Science, Science and Technology of the Faculty of Economics and Management, Democritus University and the School of Firefighters of the Fire Academy.	Sept. 2020 – Present

<p><b>Communication Consultant</b>  <i>HELLENIC PHOTODEDRO S.A., Athens,</i>  HELLENIC PHOTODEDRO S.A. is a Construction Company and I worked as a Communication Consultant specializing in Crisis Management.</p>	Sept. 2018 - July 2019
<p><b>Specialist Scientist – Professor</b>  <i>Evelpidon School, Vari of Athens</i>  I taught the subject: "Strategic Communication and Transnational Crisis Management".</p>	Nov. 2018 - June 2023
<p><b>Communication Consultant</b>  <i>Municipality of Kifissia, Kifissia</i>  I worked (as a volunteer) as a Communication Consultant for Crisis Management and Civil Protection issues at the Civil Protection Service of the Municipality of Kifissia.</p>	Oct. 2018 - July 2019
<p><b>Visiting Professor</b>  <i>National Security School of the Hellenic Greek Police, Athens</i>  I teach communication techniques (oral communication, non-verbal communication, etc.) for the development of skills related to public speaking and the technique of conducting scientific presentations as well as crisis communication management.</p>	Sept. 2017 - Present
<p><b>Temporary employee - Scientific Partner</b>  <i>Hellenic Parliament, Athens</i>  I worked as a Research Associate in the office of the former Prime Minister, the late Konstantinos Mitsotakis.</p>	Apr. 2010 - May 2017
<p><b>Visiting Professor</b>  <i>School of Intersectoral Transnational Information Operations Support Unit of the General Staff of the National Defense General Staff (GNDF), Athens</i>  I teach the subjects of Propaganda – Counter-Propaganda, Influence Operations, Body Language, Public Speaking and Communication Techniques, Crisis Communication Management and the use of Strategic Communication to manage the Media, Public Opinion, and the Adversary in Transnational Crisis situations.</p>	Feb. 2016 – Present

<p><b>Visiting Professor</b>  <i>War College of Hellenic Air Force, Athens</i>  I teach the subjects of Media Management in Crisis Situations and Strategic Communication during Interstate Crisis Management.</p>	<p>Feb. 2015 – Present</p>
<p><b>Visiting Professor</b>  <i>War College of Hellenic Army, Thessaloniki</i>  I teach the subjects of Strategic Communication during Interstate Crisis Management and Hybrid Warfare.</p>	<p>Feb. 2019 – Present</p>
<p><b>Visiting Professor</b>  <i>Supreme Joint War College (SJWC), Thessaloniki</i>  I teach the subject of Information Operations and Strategic Communication.</p>	<p>Feb. 2019 – Present</p>
<p><b>Specialist Scientist – Professor</b>  <i>School of Health Sciences FACULTY OF NURSING, Athens</i>  I teach in the Master's Program "CRISIS AND EMERGENCY MANAGEMENT", the subjects Strategic Communication during Crisis Management and Public Opinion Management during Crisis Management.</p>	<p>Jan. 2015 – June 2024</p>
<p><b>Specialist Scientist – Professor</b>  <i>Department of Economic Science, University of Piraeus, Piraeus</i>  I taught in the E-learning Program the subject: "CRISIS MANAGEMENT &amp; COMMUNICATION: PLANNING &amp; SURVIVAL TECHNIQUES".</p>	<p>Jan. 2013 – May 2018</p>
<p><b>Specialist Scientist – Professor</b>  <i>Technical School of Glyfada, Glyfada</i>  I taught the subjects "Business Negotiations" and "Intercultural Communication".</p>	<p>June 2012 – May 2019</p>
<p><b>Scientific Partner</b>  <i>New Democracy Member of Parliament Mr. Kyriakos Mitsotakis, Athens</i></p>	<p>Jan. 2002 – July 2012</p>
<p><b>Member of the Board of Directors</b>  <i>Independent Authority "SUPERVISION COMMITTEE OF PRIVATE INSURANCE", Athens</i></p>	<p>Jan. 2009 – Dec. 2010</p>
<p><b>Temporary employee - Scientific Partner</b>  <i>Ministry of Foreign Affairs, Athens</i></p>	<p>Mar. 2007 –</p>

I worked in the office of the former Minister of Foreign Affairs Ms. Dora's Bakoyannis.	Sept. 2009
<b>Visiting Professor</b> <i>HELLENIC NATIONAL DEFENCE COLLEGE, Athens</i> I teach the subjects of Public Relations, Strategic Communication, Crisis Communication Management and Management of Mass Media and Public Opinion in Crisis situations. At the same time, I participate as a staff member in the Managing Staff of the "ATHENA" Crisis Management Exercise that take place at the end of each academic year.	Jan. 2007 - Present
<b>Communication Consultant</b> <i>SK CONSULTING LTD, Athens</i> I worked as a Manager in the Department of Crisis Management and Communication.	Sep. 2000 – Apr. 2003
<b>Sales Manager</b> <i>Gift &amp; Homeware Company ESCAPE SA, Athens</i>	Sep. 1997 – June 2000
<b>Sales Manager</b> <i>PSYCHOGIOS PUBLICATIONS SA, Athens</i>	Jan. 1994 – July 1997
<b>Accounting Assistant</b> <i>CYLINDROMILI LOULI SA, Athens</i>	July 1993 – Dec. 1993
<b>Practice</b> <i>Ministry of National Defense, Athens</i> I worked in an Accounting Office of the Ministry of National Defense.	Sep. 1991 – Mar. 1992
<b>Salesman</b> <i>CITIZEN SA, Athens</i>	Jun. 1990 – Dec. 1991

## Education

<b>Faculty of Administration &amp; Economy</b> <i>Technological Educational Institute of Chalkis, Chalkis</i>	1987 - 1993
<b>Faculty of International and European Studies</b> <i>Panteion University, Athens</i>	1997-2001

<b>Master of Science (MSc) on Marketing &amp; Communication with New Technologies</b> <i>Athens University of Economics and Business, Athens</i>	2003-2005
<b>Dr. of Faculty of International &amp; European Studies</b> <i>University of Piraeus, Piraeus</i> Title of thesis: "The Strategic communication as a strategic tool and soft power factor in resolving international and business crises". It was awarded an "Excellent" mark.	2011-2016

## Skills

MICROSOFT WORD, EXCEL, POWERPOINT

## Publications

01/2024	<b>Article</b> published in its 378th Issue DEFENSE & DIPLOMACY magazine entitled: " <b>Greece's leading role in shaping NATO's Resilience</b> ".
12/2023	<b>Author</b> of book entitled: " <b>Handbook for Management of Threats. Security and defense, resilience and optimal strategies</b> ". Springer Publications.
05/2023	<b>Writing a chapter</b> entitled: " <b>Language and culture as factors of soft power in international relations: The example of Turkey</b> ", in the Book: "INTERNATIONAL POLITICS & INTERNATIONAL INSTITUTIONS IN ONE WORLD THAT IS CHANGING". I. Sideris Publications.
07/2022	<b>Article</b> published in the 19th Issue of the NATO Magazine Headquarters in Greece NATO Rapid Deployable Corps – Greece entitled: " <b>Speak or not to Speak with One Voice during a Crisis?</b> ".
2022	<b>Book editor:</b> "ATHENA 21, " <b>Proceedings of the International Conference on Crisis Management. Threats and challenges to unstable geopolitical environment of the East Mediterranean. Holistic approach strategies for dealing with them</b> ". Athens, Edition: General Directorate of National Defense Policy & International Relations / Ministry of National Defense.

2022	<b>Book editor: "Proceedings of the Transnational Seminar Crisis Management. Applied &amp; holistic hybrid threat management &amp; crises"</b> . Athens, Edition: General Directorate of National Defense & International Relations/ Ministry of National Defense.
2022	<b>Book editor: "Proceedings of the conference. The role of logistics policy in times of crisis and war"</b> . Athens, Edition: General Directorate of National Defense & International Relations / Ministry of National Defense.
07/2021	<b>Author of Monograph entitled: "GREECE /TURKISH RELATIONS. SURVEY OF PUBLIC OPINION ON THE SUBJECT: "Management OF Greek-Turkish Crises"</b> .
06/2020	<b>Article published in the magazine "FOREIGN AFFAIRS", entitled: "Turkey's diplomatic marathon in pandemic"</b> .
05/2020	<b>Author of Monograph entitled: "Turkey's Strategic Communication Campaign in the Operation "PEACE SPRING", Edition «RIEAS &amp; LIAS»</b> .
03/2020	<b>Article published in the magazine "NATIONAL EPALXIS", entitled: "Resilient Society in a Time of Hybrid War"</b> .
12/2019	<b>Article published in the magazine "ATHINA", entitled: «Campaign Analysis of Turkey's Communication Strategy in Operation "Peace Spring"»</b> .
01/2019	<b>Article published in the magazine "DEFENCE &amp; DIPLOMACY", entitled: "IMIA 1996. A Critical Analysis of Crisis Communication Campaign"</b> .
07/2018	<b>Article published in the electronic magazine of Hellenic Institute of Cultural Diplomacy, entitled: "Cultural diplomacy as a means of understanding, communication and cooperation of nations"</b> .
04/2018	<b>Article published in the magazine "Aviation Inspection", entitled: "Review of Crisis Communication Management of the Migration Crisis"</b> .
12/2017	<b>Author of book entitled: "International Terrorism And Strategic Communication. Management of</b>

	<b>Terrorist Crisis"</b> , POIOTHTA Publications.
01/2015	<b>Article</b> published in the electronic magazine "Geopolitics and Daily News", entitled: <b>"The Importance of Strategic Communication for dealing with international crises. Imia 1996"</b> .
03/2014	<b>Article</b> published in the electronic magazine "Geopolitics and Daily News", entitled: <b>"The Role of Pallaic Defense in the 21st century. Public opinion and management of MEDIA in Crisis Situation and Emergencies"</b> .
03/2014	Article published in the magazine "SOCIAL REVIEW, entitled: <b>"Emergency events and crisis situations: Preparation for effective management of them"</b> .

### Speaker at Conferences – Workshops

16-17/05/2024	<b>Keynote speaker</b> at the Conference of the CENTER FOR EUROPEAN STUDIES & HUMANITIES "IOANNIS CAPODISTRIAS" on the subject: <b>"3<sup>RD</sup> International Water Forum"</b> . <b>Title of Lecture: "Resilient Water Resources: Ensuring Resilient Supply from Interruptions or Sabotage"</b> .
15/02/2024	<b>Keynote speaker</b> at the Conference of the Independent Department of the PAM-PSEA of the Decentralized Administration of the Peloponnese, Western Greece and the Ionian (A.D.P.D.E. & I), with Title: <b>"Local Government – Political Emergency Planning – Involved Agencies"</b> . <b>Title of Lecture: "RESISTANT SOCIETY IN A SITUATION OF HYBRID WAR"</b> .
31/01/2024	<b>Keynote speaker</b> at the NATO Rapid Deployable Corps – Greece, on the subject: <b>"JOURNALISTS' SAFETY IN WAR ZONE"</b> . <b>Title of Lecture: «Military, Conflict and the Press»</b> .
01/12/2023	<b>Keynote speaker</b> at the Epirus Region Conference, on the topic: <b>"National Resilience, Information, Proposals"</b> . <b>Title of Lecture: "National Resilience"</b> .

24/11/2023	<p><b>Keynote speaker</b> at the meeting of the Resilience Committee of NATO Headquarters in the frame of 2023 Defense Planning Capability Survey.</p> <p><b>Title of Lecture: “Hellenic methodology and progress for developing national resilience goals and implementation plans”.</b></p>
21-24/02/2023	<p><b>Keynote speaker</b> at the Conference of the General Directorate of National Defense &amp; International Relations/ Ministry of National Defense, on the subject: “<b>Sustainable Development and Regional Integration in the Mediterranean within the Current Context of Security Challenges and Threats</b>”.</p> <p><b>Title of Lecture: “Hybrid Threats in the Mediterranean Region: The case of Evros” and “Greece as a Key-player of the Mediterranean Geopolitical environment”.</b></p>
8-9/06/2022	<p><b>Keynote speaker</b> at the Seminar of the Special Warfare Command (SWC) of the Hellenic National Defense General Staff under the auspices of the NATO Special Operations Headquarters (NSHQ), on the subject: “<b>Holistic Approach to Defense</b>”.</p> <p><b>Title of Lecture: «Countering Hybrid Threats».</b></p>
12,13,26 /05/2022	<p><b>Keynote speaker</b> at the Second Seminar of the General Directorate of National Defense &amp; International Relations/ Ministry of National Defense, on the subject: “<b>APPLIED &amp; HOLISTIC MANAGEMENT OF HYBRID THREATS &amp; CRISIS</b>”. <b>Title of Lectures:</b></p> <ol style="list-style-type: none"> <li>1) “<b>Understanding and Countering Hybrid Warfare: The Role of the Armed Forces in the Gray Zone</b>”.</li> <li>2) “<b>Conducting Hybrid Operations in the Evros Region in February – March 2020</b>”.</li> <li>3) “<b>Communication Campaign of Psychological Operations in Ukraine</b>”.</li> </ol>
7-8/12/2021	<p><b>Keynote speaker</b> at the International Conference AΘHNA '21 of the Hellenic National Defense General Staff on the subject: «Threats and Challenges in the unstable Geopolitical Environment of the</p>

	<p>Eastern Mediterranean. Strategies of holistic approach to counter them».</p> <p><b>Title of Lecture: «Greece as a pillar of Stability and Security in the Eastern Mediterranean region».</b></p>
3-4/11/2021	<p><b>Keynote Speaker</b> at the NATO Nuclear Policy Symposium co-organized by the General Directorate of National Defense Policy and International Relations of the Ministry of National Defense and the NATO Nuclear Policy Directorate.</p> <p><b>Title of Lecture: “Nuclear Deterrence”.</b></p>
22/10/2021	<p><b>Keynote speaker</b> at the 124th General Assembly of the EUROMIL (European Organization of Military Associations and Trade Unions).</p> <p><b>Title of Lecture: "Armed Forces and Migration, European Union and Migration".</b></p>
7-9/09/2021	<p><b>Keynote speaker</b> at the Conference of the General Directorate of National Defense &amp; International Relations/ Ministry of National Defense, on the subject: “The Role of Logistics Policy in Times of Crisis and War”.</p> <p><b>Title of Lecture: “The Resilience of the Supply Chain during Times of Crisis or War”.</b></p>
6-8/07/2021	<p><b>Keynote speaker</b> at the Seminar of the Special Warfare Command (SWC) of the Hellenic National Defense General Staff under the auspices of the NATO Special Operations School (NSOS), on the subject: “Countering Hybrid Threats”.</p> <p><b>Title of Lecture: “National Framework for Countering Hybrid Threats”.</b></p>
7-11/06/2021	<p><b>Keynote speaker</b> at the 16th Common Security and Defense Policy (CSDP) High Level Course (HLC) 2020/2021 Jean Rey”, Module 4, of the European Defence and Security College in cooperation with the General Directorate of National Defense &amp; International Relations/ Ministry of National Defence.</p> <p><b>Title of Lecture: «THE FUTURE OF CSDP / CSDP IN THE NEIGHBOURING REGIONS».</b></p>

1-24/04 /2021	<p><b>Keynote speaker</b> at the Interstate Crisis Management Seminar of the General Directorate of National Defense &amp; International Relations/ Ministry of National Defense, on the subject: "APPLIED &amp; HOLISTIC MANAGEMENT OF HYBRID THREATS &amp; CRISIS".</p> <p><b>Title of Lectures:</b></p> <ol style="list-style-type: none"> <li>1) <b><i>"Turkey's Hybrid Tactics"</i></b>.</li> <li>2) <b><i>"Strategic Communication and Crisis Management"</i></b>.</li> <li>3) <b><i>Stakeholder Management and Public Opinion in Crisis Situations"</i></b>.</li> </ol>
2-6/11/2020	<p><b>Keynote speaker</b> at the 15th Common Security and Defense Policy (CSDP) High Level Course (HLC) 2019/2020 of the European Defense and Security College in cooperation with the General Directorate of National Defense &amp; International Relations/ Ministry of National Defense.</p> <p><b>Title of Lecture:</b></p> <p><b><i>«CSDP: Are we following a path from experience to expertise».</i></b></p>
23-25/ 06/2020	<p><b>Keynote speaker</b> at the 1st High-Level Working Meeting of the General Directorate of National Defense Policy and International Relations of the Ministry of National Defense, on the subject: "<b>Transnational Crisis Management</b>".</p> <p><b>Title of Lecture: <i>"The Holistic Crisis Management Model"</i>.</b></p>
27-29/09/2019	<p><b>Keynote speaker</b> at the Seminar of Hellenic Institute of Public Diplomacy &amp; International Relations Institute of Panteion University on the subject: "Nation Branding and Diplomacy".</p> <p><b>Title of Lecture: <i>"Improving Communication in an Intercultural Environment"</i>.</b></p>
24/06/2019	<p><b>Keynote speaker</b> at the Hellenic Air Force Commanders' Training School of the Air Force Training Command (DAE). <b>Title of Lecture: <i>"Image restoration communication strategies during a crisis"</i>.</b></p>
05/2019	<p><b>Keynote speaker</b> at the seminar of the Center for Geopolitical Analysis of New York</p>

	<p>College with the scientific support of the Center for the Study of Mediterranean - Middle Eastern Politics and Culture of the University of the Aegean, the Institute for Entrepreneurship and Sustainable Development and the official support of the Office of the European Parliament in Greece and the National Youth Council, on the subject: <b>“Psychological Warfare - Media and Propaganda as Tools of Hybrid Warfare in the Middle East, Balkans and South Eastern Mediterranean”</b>.  <b>Title of Lecture: “The Psychological Warfare of Albanians against the Greeks of Northern Epirus”</b>.</p>
04/2019	<p><b>Keynote speaker</b> at the seminar of the Center for Geopolitical Analysis of New York College with the scientific support of the Center for the Study of Mediterranean - Middle Eastern Politics and Culture of the University of the Aegean, the Institute for Entrepreneurship and Sustainable Development and the official support of the Office of the European Parliament in Greece and the National Youth Council, on the subject: <b>“Diplomacy and Negotiations: War of Announcements and Strategic Communication”</b>.  <b>Title of Lecture: “Negotiation in an Intercultural Environment”</b>.</p>
02/2019	<p><b>Keynote speaker</b> at the Simulation Seminar of the Hellenic Institute for Strategic Studies and the International Relations Institute of Panteion University, on the subject: <b>“Handling Transnational Crises”</b>.  <b>Title of Lectures:</b>  1) <b>“Strategic Communication in Handling Transnational Crises”</b> and  2) <b>“The Dealing with the Media in resolving Transnational Crises”</b>.</p>
11/2018	<p><b>Keynote speaker</b> at the International Conference <b>“Crisis and Security Management. ATHENS’18”</b>, of the Hellenic National Defense General Staff, on the subject: <b>“Effective Crisis Management: Turning Risk into Opportunity”</b>.  <b>Title of Lecture: “What is the right medium for transmitting specific messages to your target audiences during a crisis situation?”</b>.</p>

15/10-2018 11/12-2018	<p><b>Lecturer at the seminar “<i>Management of National and International Crises: From Theory to Practice. Simulation Exercises for Handling a Hot Incident in the Aegean and Cyprus</i>”, organized by the Center for Geopolitical Analyses of New York College, with the academic support of the Center for Eastern Studies on Culture and Communication of Panteion University, the Center for Mediterranean – Middle Eastern Politics and Culture Studies of the University of the Aegean, the Institute of Entrepreneurship and Sustainable Development, and the official support of the Office of the European Parliament in Greece and the National Youth Council.</b></p> <p><b>Title of Lecture: “<i>Strategic Communication in the Management of National and International Crises. The Case of the Imia Crisis.</i>”</b></p>
16/10/2018	<p><b>Speaker at a working meeting of senior staff of the Hellenic Army General Staff (HAGS).</b></p> <p><b>Title of Lecture: “<i>Crisis Communication Management and Handling of Mass Media.</i>”</b></p>
05/2018	<p><b>Lecturer at the Conference organized by the Hellenic Institute of Strategic Studies (ELISME) and the Hellenic Institute of Cultural Diplomacy on the topic: “<b>Cultural Geopolitics.</b>”</b></p> <p><b>Title of Lecture: “<i>Culture as a Means of Strategic Communication for Enhancing the Geopolitical Position of States.</i>”</b></p>
04/2018	<p><b>Lecturer at the Evening Conference organized by Geopolitics &amp; Daily News, the Society of Letters and Arts of Piraeus, and New York College, on the topic: “<b>Greece, the Geopolitical Link of the Eastern Mediterranean.</b>”</b></p> <p><b>Title of Lecture: “<i>The Hybrid-Type Turkish Threat.</i>”</b></p>
24/22018 11/03 2018	<p><b>Lecturer at the <b>Inter-State Crisis Management Simulation Seminar</b>, organized by the Hellenic Institute of Strategic Studies (ELISME) and the Institute of International Relations (IDIS).</b></p> <p><b>Title of Lectures:</b></p> <p><b>1) “<i>Strategic Communication in the Management of Inter-State Crises</i>” and</b></p>

	2) <b><i>“Handling the Mass Media During the Resolution of Inter-State Crises”.</i></b>
12/2017	<p><b>Lecturer</b> at the 3rd Regular Conference of the University of the Peloponnese, on the topic: <b>“Democracy, Development, and Security: Politics Under Conditions of Uncertainty.”</b></p> <p><b>Title of Lecture: “Mass Media as a Means of Shaping Public Opinion During Terrorist Crises. The Terrorist Attack Against Former Prime Minister Mr. Loukas Papadimos.”</b></p>
12/2017	<p><b>Lecturer</b> at the Seminar of the Postgraduate Program <b>“Crisis and Emergency Management”</b> of the Department of Nursing, National and Kapodistrian University of Athens, on the topic: <b>“Crisis Communication Management: Strategies and Techniques for Addressing the Communication Needs of a Crisis and Managing Negative Publicity.”</b></p> <p><b>Title of Lecture: “Crisis Communication Management”.</b></p>
05/2016	<p><b>Lecturer</b> at the Conference of Panteion University on the topic: <b>“War and Peace in the Planetary Era.”</b></p> <p><b>Title of Lecture: “Strategic Communication as a Tool of Strategy for Crisis Resolution. The Case of the Migration Issue.”</b></p>
02/2014	<p><b>Lecturer</b> at the Conference of the Hellenic National Defense General Staff (HNDGS) on the topic: <b>“The Role of Civil Defense in the 21st Century.”</b></p> <p><b>Title of Lecture: “Public Opinion and Mass Media Management in Crisis and Emergency Situations.”</b></p>
11/2012 - 01/2013	<p><b>Lecturer</b> in the Training and Continuing Education Program <b>“Crisis Management and Mediation”</b>, jointly organized by <b>Panteion University</b>, the <b>University of the Aegean</b>, and <b>Neapolis University Pafos (Cyprus)</b>.</p> <p><b>Title of Lecture: “Crisis Management and Communication.”</b></p>

07/2012	<p><b>Lecturer</b> at the Conference of the University of Piraeus on the topic: <b>“Strategies of Apologia.”</b></p> <p><b>Title of Lecture: “The Communication Strategy of Vangelis Marinakis: From Denial to Apologia.”</b></p>
03/2012	<p><b>Lecturer</b> at the Crisis Management Seminar, organized by New York College and the Center for Mediterranean and Middle Eastern Studies of Panteion University.</p> <p><b>Title of Lecture: “Theoretical Framework for Crisis Management. Mass and Internal Communication During a Crisis.”</b></p>
09/2011	<p><b>Lecturer</b> at the PhD Course: <b>“Studying Crisis Communication – New Theories and Methodologies”</b>, held within the framework of the 2nd International Conference on Crisis Communication at the Beginning of the 21st Century, Aarhus University (Denmark).</p> <p><b>Title of Lecture: “The Role of Communication in the Strategy for the Resolution of International Crises.”</b></p>
10/2010	<p><b>Presentation</b> at the POSTER SESSION of 3rd European Communication Conference of European Communication Research and Education Association (ECREA) with Title: <b>“The mediated nation-image of the USA and the dynamic of events in the Obama era; a quantitative content analysis in the Greek press”.</b></p>
06/2009	<p><b>Lecturer</b> at the Central Council for the Prevention of Delinquency of the Ministry of the Interior and Public Administration, on the topic: <b>“Crisis Management in the Greek Educational System and Policies for the Prevention of Delinquency.”</b></p> <p><b>Title of Lecture: “Crisis Communication”.</b></p>

### Participation in Seminars and Conferences

28/9-2/10-2020	<p><b>CSDP Orientation Course</b> (Organized by the European Security and Defense College).</p>
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29/9-1/10 2020	<b>Civilian Aspects of EU Crisis Management</b> (Organized by the European Security and Defense College).
15-19/10 2012	<b>NATO CRISIS MANAGEMENT COURSE</b> (Organized by the School of NATO in Oberammergau of Germany).
6-8/10 2011	<b>2nd INTERNATIONAL CONFERENCE ON CRISIS COMMUNICATION AT THE BEGINNING OF THE 21st CENTURY</b> (Organized by the ASB Centre for Corporate Communication Aarhus School of Business and Social Sciences, Aarhus University- Denmark).
29-30/10 2010	<b>INTERNATIONAL CONFERENCE: “EUROPE AND THE MEDIA – New Developments in Social Theory and Research</b> (Organized by the Faculty of Communication and Media Studies, University of Athens and the University Research Institute of Applied Communication).
11-15/10 2010	<b>3rd EUROPEAN COMMUNICATION CONFERENCE</b> [Organized by ECREA (EUROPEAN COMMUNICATION RESEARCH AND EDUCATION ASSOCIATION) in Germany and the focus of the Conference was “TRANSCULTURAL COMMUNICATION – INTERCULTURAL COMPARISONS”].
12-14/7 2010	<b>Seminar with Title: “FINANCIAL CAPACITY BUILDING”</b> , [Organized by BEUC (Bureau Européen des Unions de Consommateurs) in Brussels and fully funded by the European Commission].
25-27/5 2010	<b>Seminar with Title: “HOW TO WRITE PROJECT PROPOSALS”</b> [Organized by BEUC (Bureau Européen des Unions de Consommateurs) in Brussels and fully funded by the European Commission].
2001	<b>Seminar titled: “CRISIS MANAGEMENT &amp; COMMUNICATION”</b> (Organized by BOUSSIAS COMMUNICATIONS).
2000	<b>Seminar titled: “Computer Basics and Training”</b> (Organized by NEW ORIZONS).

1989-1990	<b>Seminar titled: “Political Advertising &amp; Communication”</b> (Organized by Center for Political Research & Training).

### Other Activities – Initiatives

01/2022 – 12/23	<b>Senior National Representative</b> of Greece at the NATO Resilience Committee.
01/2023 / Present	<b>Greece’s Representative</b> as a Core Member of the Academic Advisory Board of the NATO Centre of Excellence for Crisis Management and Disaster Response.
01/2019 / Present	<b>Expert of the NATO Scientific Evaluation Committee</b> in the fields of: <i>“Crisis Management, Crisis Communication Management, Strategic Communication, and Resilience”</i> for the NATO program <b>“Science for Peace and Security.”</b>
12/2018 / Present	<b>Member of the Coordination Committee on Disaster and Crisis Management Issues</b> of the <b>National and Kapodistrian University of Athens</b> , tasked with developing a <b>Support Plan</b> for the University’s contribution to the State in the event of <b>man-made or natural disasters and crises</b> .
4-6/10/2017	<b>Participation</b> (as a crisis management expert) in the <b>Hellenic Chief Directorate (DIEUTHEP)</b> of the <b>Hellenic National Defense General Staff (HNDGS)</b> for the conduct of the <b>NATO Crisis Management Exercise CMX 2017</b> .
02/2017	<b>Certified Instructor</b> , listed in the <b>Registry of Core Teaching Staff</b> of the <b>National Centre for Public Administration and Local Government (EKDDA)</b> , by virtue of Decision No. 4180/22.02.2017 of the EKDDA Board of Directors.
2014-2016	<b>Public Relations Officer</b> of the <b>Children and Youth Symphony Orchestra</b> of the <b>Archdiocese of Athens</b> .
2010	<b>As a member of the Board of Directors</b> of

**the Private Insurance Supervisory Committee**, and following an authorization by the President and the Board members, I undertook the drafting of a **Proposal for Information Society S.A.**, and represented the Organization in the signing of the contract. I also **oversaw the implementation of the program.**

### **Member of Associations – Organizations**

- ❖ Regular Member of the **Hellenic Air Academy.**
- ❖ Member of the **Economic Chamber of Greece.**
- ❖ Member of the **European Communication Research and Education Association (ECREA).**
- ❖ Scientific Member of the **Laboratory of Local and Regional Development** at the **Department of Economics, University of Piraeus.**
- ❖ Former Secretary General of the **Federation of Voluntary Non-Governmental Organizations of Greece** (2006–2008).
- ❖ Former Secretary General of the **Consumers' Institute (INKA)**, from 2009 until 05/2017.

### **Honors – Awards**

On June 1, 2023, I was decorated by the **Federal President of the Republic of Austria, Alexander Van der Bellen**, with the **Medal of "Great Golden Honour"** for my contribution to the strengthening of defence-military relations between Greece and Austria.